

# ♥ Hospital Heartbeat ♥

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Newsletter of Sitka Community Hospital  
Angela McGraw, Editor

## NURSES WEEK/HOSPITAL WEEK

### Nurses Week Trivia:

What was the name of the first school of nursing in the US? Bellevue Hospital School of Nursing  
Where? NYC  
When? 1873  
Winner: Elizabeth DeArman ~ gift certificate to Old Harbor Books

### Hospital Week Trivia:

Who was the first baby born at Sitka Community Hospital? Answer: Kerry McClain  
Winner: Shannon Callahan ~ gift certificate to Mac's/Russell's

### Wear a Nurses Hat:

All who participated received a truffle  
1<sup>st</sup> - Photo of Kathy Inman ~ gift certificate to Brenner's  
2<sup>nd</sup> - Photo of Judy & Kathy together

*Thank you to Food Services for the wonderful cake & punch on Wednesday and to Tom & Lee and Food Services for the BBQ on Friday. The food was excellent! Thank you to Colleen Dahlquist with help from Joanne Clyde for the deli sandwich fixings for the night crew on Friday night.*



## State of Alaska Optional Benefits Open Enrollment May 24<sup>th</sup> – June 11<sup>th</sup> until 5:00pm

Benefits include: Life insurance, Accidental Death & Dismemberment, Survivor Benefits, Disability – short & long term and Dependent Care Assistance Plan. For more information see Kelley Fink, Human Resources x 736.

### **EMPLOYEES: CUT OUT THIS FREE COUPON!**

Redeemed coupons will automatically be entered into a drawing for 1 month free gym use at OTC. The drawing will be held on July 1, 2010. Contact OTC at 747-1490 if you have any questions.

## FREE COUPON

*June  
Employee Fitness  
Challenge!*

Good for 1 of the following:

- ~ Gym Use
- ~ Fit Ball Class
- ~ Arthritis Foundation Class

Sponsored by: SCH Wellness Team & OTC



Redeem at Oceanside Therapy Center  
Valid Through June 30, 2010

\*\*\* **HOSPITAL HIGHLIGHTS** \*\*\*

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**Happy Birthday!**

Robert Ancheta.....	May 29
Natalie Pershing.....	May 31
Tina Johnson.....	June 1

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❖ Welcome to the PFS Department, **Jan Baird!** Jan is the new PFS Manager. ❖ Welcome to Environmental Services, **Valeria Ozawa** and **Juan Pablo Maldonado!** ❖ Welcome to Rehab Services, **Elizabeth Cole!** ❖ Congratulations to **Lavonne Grun** for becoming recertified as an oncology nurse! ❖ Congratulations to **Quinn Sharkey** for getting his Bachelor of Science in Public Health from American Military University!

★ **On The Job** ★

- Natalie Allen, Food Services, 4 years
- Laura Buehler, Surgery, 3 years
- Tom Marthaller, Plant Ops, 12 years
- Melody Owens, Ward Clerk, 9 years

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June 6th is  
**National Cancer Survivors Day!**  
 Mountainside will be doing our  
 mural again this year.  
**"Joining Hands in the Fight Against Cancer"**  
 We will create a mural of hand-  
 prints with names and years of  
 survivorship. If you would like  
 to add a hand please come down  
 to Mountainside.  
**Who is a cancer survivor?** The  
 National Cancer Survivors Day Foun-  
 dation defines a "survivor" as anyone  
 living with a history of cancer – from  
 the moment of diagnosis through the  
 remainder of life.

Happy Birthday, Chris Causey! We hope you had a good one! "It's a beautiful day in the neighborhood..."

**CONGRATULATIONS!**

SHS Activities Director Mike Vieira and MEHS Activities Director Andrew Friske recently presented Bill Spivey with a certificate of appreciation on behalf of the ASAA Region V Board for his volunteerism at Region V events. Great job, Bill!



**FRESH FOOD AVAILABLE**

Don't forget – there's fresh food stocked by the Bistro staff in the vending machine upstairs. Check it out!

